



BETTER WORLD CAMEROON

# Africa Kitchen Revolution



*"I am proud of this ground-up, self-regulated project. Our strong peer support system has raised the self-confidence of local women and their capacity to act for improved livelihoods and the climate."*

Sonita Mbah

Project start: 2014, Award year: 2017

BWC offers a simple, low-cost and sustainable alternative to heavy use of solid fuel by building clean cookstoves with clay-construction techniques using local materials. The programme is based on a training-of-trainers (ToT) methodology, whereby women leaders disseminate their acquired knowledge to further beneficiaries, ensuring a strong multiplying effect. The project prevents deforestation while empowering women and improving their livelihoods. Women trainers contribute to reducing conflicts among ethnic groups by initiating a culture of dialogue. This successful model has been replicated in Zambia.



## UNIQUE VALUE

### What's special about this project

- ▶ This initiative has become self-sufficient over time with a growing number of beneficiaries developing new income-generating activities such as artistic building decoration. The ToT-concept ensures an optimal skill and competences transfer with on-site maintenance, performance improvement and adaptation of the stoves.
- ▶ Going one step further, BWC exported the Africa Kitchen Revolution model to Zambia, via the ReSCOPE Programme, creating four cooperatives and one social enterprise specialised in advanced clay building.



## AWARD IMPACTS

- ▶ The award grant was used to build seven extra stoves; to carry out three sets of trainings (with 45 participants); to develop and print a user-friendly manual for the stoves and to mentor the trainer's network in Cameroon.
- ▶ The number of beneficiaries more than doubled from originally 250 to now 500 women and from 50 to 110 men trained.

## TRANSFORMATIVE OUTCOMES



**610 women and men trained, using the ToT (training of trainers) approach**



**1 network of 20 women lead trainers**



**Reduction of firewood consumption by 60–70%**



**Women's health improved due to reduced firewood burning, less air pollution**



**Reduction of women's workload: significantly less hours spent on firewood collection and cooking**



**New income-generating activities**



## CONTACT



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### Financially supported by:



Crowdfunding;  
 Scottish Government for activities in Zambia