



BETTER WORLD CAMEROON

Africa Kitchen Revolution



"I am proud of this ground-up, self-regulated project. Our strong peer support system has raised the self-confidence of local women and their capacity to act for improved livelihoods and the climate."

Sonita Mbah

Project start: 2014, Award year: 2017

BWC offers a simple, low-cost and sustainable alternative to heavy use of solid fuel by building clean cookstoves with clay-construction techniques using local materials. The programme is based on a training-of-trainers (ToT) methodology, whereby women leaders disseminate their acquired knowledge to further beneficiaries, ensuring a strong multiplying effect. The project prevents deforestation while empowering women and improving their livelihoods. Women trainers contribute to reducing conflicts among ethnic groups by initiating a culture of dialogue. This successful model has been replicated in Zambia.



UNIQUE VALUE

What's special about this project

- ▶ This initiative has become self-sufficient over time with a growing number of beneficiaries developing new income-generating activities such as artistic building decoration. The ToT-concept ensures an optimal skill and competences transfer with on-site maintenance, performance improvement and adaptation of the stoves.
- ▶ Going one step further, BWC exported the Africa Kitchen Revolution model to Zambia, via the ReSCOPE Programme, creating four cooperatives and one social enterprise specialised in advanced clay building.



AWARD IMPACTS

- ▶ The award grant was used to build seven extra stoves; to carry out three sets of trainings (with 45 participants); to develop and print a user-friendly manual for the stoves and to mentor the trainer's network in Cameroon.
- ▶ The number of beneficiaries more than doubled from originally 250 to now 500 women and from 50 to 110 men trained.

TRANSFORMATIVE OUTCOMES



610 women and men trained, using the ToT (training of trainers) approach



1 network of 20 women lead trainers



Reduction of firewood consumption by 60–70%



Women's health improved due to reduced firewood burning, less air pollution



Reduction of women's workload: significantly less hours spent on firewood collection and cooking



New income-generating activities



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