



Project summary

Project Rachna recruited fellows in rural India and equipped them with knowledge & skills to become menstrual educators and advocates. An extensive training was delivered via fortnightly sessions with workshops in advocacy, training, media, questioning stigmatic practices and more.



Prachi Jha

Project manager Clean Air Action Group

"The book 'i have a question' made me aware about an array of things from healthy practices, menstruation among people with disability, to varied menstrual experience and how to vocally express about your period right. A very graphic friendly and easy to understand book that made a excited to bring this book to mainstream school and NGOs."

Achievements



Designed a recruitment process and program design for the **period educator program**.



Submission of premise identification and application to the local Drug Controller's office for a **licence upgrade**.



Navchetna program designed to empower individuals from Tier 2 and Tier 3 cities. The program offered a holistic, immersive learning experience, enabling participants to enhance their **menstrual health knowledge** and grow as community leaders and change agents.